

Prioritize your health and enjoy the benefits



Stay well. Start here.

Enrollment in MetLife supplemental health insurance includes the **MetLife Health Screening Benefit**,¹ an incentive that provides a cash benefit payment when you (and any covered dependents) get one of over 50 tests and screenings that give insight into your health.

1. Get a covered test or screening, such as:



Physical Exams



Cholesterol Tests



Dental Cleanings



Diabetes Screenings



Vision Checks



Flu Shots

2. Easily file your claim



Scan the QR code to get started at mybenefits.metlife.com

Prefer to talk? You can also file a claim by calling MetLife at **1 800 GET MET-8 (1-800-438-6388)**.

¹ Some screening measures may not be included under all plans. Please refer to your Certificate of Insurance for coverage details and a complete list of covered tests and screenings. The Health Screening Benefit may not be available in all states. In some states, the benefit is referred to as the Accident Prevention Screening Benefit.